



ACADEMY ADVENTURES

GREAT LAKES ADVENTURE

Backpacking along Lake Michigan and canoeing the Pine River

The Program: This adventure will take participants into the Nordhouse Dunes Wilderness area along Lake Michigan. The group will spend two and a half days hiking camping and swimming the beaches, sand dunes, and the forest of Lake Michigan's shoreline. Lake Michigan will provide opportunities for fishing and swimming each day. Sunsets over Lake Michigan and twilight extending to late in the evening should provide the group with lasting images for years to come. Besides the obvious learned techniques of backpacking and outdoor living skills, participants will experience the act of cooperation with others; have opportunities to express values, feeling and beliefs; establish priorities for goals and choose the higher value when confronted with value choices (safety over challenge); gain independence, self-reliance and confidence and learn how to minimize disturbances when going through wilderness areas. Canoeing on the Pine is a challenge for anyone interested in winding, fast water, filled with trout. In the middle of Manistee National Forest the two days spent on the pine will feel like a wilderness experience.

Where: Students will assemble at The Grosse Pointe Academy at 10:00 a.m. on Sunday, July 20, 2008

Trip Dates: Sunday, July 20, to Friday, July 25, 2008

Fee: \$500.00, which includes everything except items listed on the personal equipment list

Deadline for Registration: May 16, 2008

Who Should Enroll: Coed for students in seventh and eighth grades

Minimum number of participants 8

Maximum number of participants 13

CLOTHING AND PERSONAL EQUIPMENT LIST FOR GREAT LAKES ADVENTURE

The items listed below should be packed in a duffel bag of some type. Do not bring suitcases or any other type of "hard" luggage.

1 waterproof rain suit- pant legs should be adjustable to fit over boots and have a hood
6 light weight T-shirts
6 changes of underwear
2 pairs of wool socks
1 fleece
1 day pack (light weight nylon)
1 face towel (not a wash cloth)
1 bath towel
3 pairs of nylon shorts (must have liners)
1 pair of teva type footgear
1 pair of sturdy hiking boots
1 long sleeve cotton shirt
1 swimsuit (girls)
1 baseball cap
Compact fishing pole and related gear
2 pair of long pants, like jeans
1 pair of nylon type long pants
1 small pillow

Personal Items: (all should be sample size containers) toothbrush, toothpaste, soap in plastic container, shampoo, deodorant, small flashlight, sunscreen, sunglasses (at least 20), chapstick, insect repellent (100%) DEET, up to \$30.00 spending money, comb or brush, camera, film, paperback book.

Optional Items: fishing pole, book, cards

Please mark all personal items for easy identification.

DO NOT BRING: Electronics such as cell phones, MP 3 players, I pods, or electronic games.

NOTE: All other camping equipment will be furnished, including such items as sleeping bags, first aid equipment, tents, back packs, back pack stoves, cooking equipment, water bottles, ropes, sleeping pads, back packing foods.

PLEASE KEEP FOR FUTURE REFERENCE.

Great Lakes Adventure Trip Itinerary

Sunday, July 20	10:00 a.m.	Arrive G.P.A. with personal equipment
	10:15	Depart
	12:00	Lunch
	5:00p.m.	Arrive Lincoln Bridge State Forest primitive campsite, set up camp. Swimming, fishing in the evening.
Monday, July 21		Canoeing on the pine river
Tuesday, July 22		Canoeing on the pine river
Wednesday, July 23		Backpacking in Nordhouse Dunes Wilderness Area
Thursday, July 24		Backpacking in Nordhouse Dunes Wilderness Area
Friday July 25		Hike out of the back country pack up and Drive back to G.P.A. 3:00 pm arrive at G.P.A.

The Grosse Pointe Academy Adventure Program Application

Name of adventure _____

Childs Name _____ Age _____

Home Phone(____) _____ School _____

Address _____

City, State, Zip _____

Name of Parents/ Guardians _____

Please make checks payable to Grosse Pointe Academy Adventures

Trips are filled on a first-come, first-serve basis.

The Grosse Pointe Academy does not discriminate on the bases of race, color, or ethnic origin.

Cancellations: Please understand that Adventures trips require a great deal of organization, time, and commitment. This summer we will work with sixteen different organizations ranging from the U.S. Forest Service to private campgrounds. Each organization has its own policies regarding registrations, refunds, and deadlines. Rather than attempting to explain each one, we have developed our own policy.

G.P.A. Cancellation Policy: Cancellation is subject to a \$25.00 processing fee and any non-refundable expenses, or shared expenses incurred up to the point of cancellation. Examples of these nonrefundable cost could be food purchased, airline tickets, reservation fees with outfitters, vehicle rental fees, staffing cost, camping fees etc.

I have read and understand the above cancellation policy. The above named child has my permission to participate in The Grosse Pointe Academy Adventure Program.

Date

Signature of Parent or Guardian

Academy Adventure Program Health Form

Child's Name _____ Age _____

Father's Name _____ Work Phone _____

Mothers Name _____ Work Phone _____

If not available in an emergency, please notify:

Name _____ Relationship _____ Phone _____

Medical Insurance Company _____

Policy Numbers _____

Any Allergies? _____

(medications, bee stings, food etc.)

Any restrictions on activities? _____

Can your child swim? ____ (check level) ____ beginner ____ intermed. ____ advanced

Date of last tetanus shot _____

Other comments _____

Below is listed the over-the-counter medications available to be dispensed by Mr. Fultz and staff to your child if deemed necessary. Please indicate (by crossing off and initialing) any medication you would not want administered to your child. (All medications would be dispensed according to the drug manufacturers dosage recommendations listed on the container.

Solarcaine Spray (sunburn relief)

Benadryl Spray (itching, rash)

Tylenol 5 grain tablets (pain relief)

Caladryl Lotion (poison ivy)

Robitussin Syrup (cough suppressant)

Imodium AD (diarrhea)

Chlor-Trimeton Syrup (hay fever)

Sucrets (sore throat)

Blistex (chapped lips)

Benadryl capsules (allergies)

Dramamine (travel sickness)

Pepto-Bismol (upset stomach)

Campo-Phinique (burns, cold sores, antiseptic)

I hereby grant permission for emergency medical, hospital, or clinic treatment necessary for my child, _____ while he/she participates in the Academy Adventures Program.

Date

Signature of Parent

Note: Any medication sent from home for your child must be in the pharmacy container labeled with your child's name, and name of the medication. A signed letter from you authorizing administration of the medication and directions must accompany the medication.